

# Caring together

EASTERN CHESHIRE

## Seizing the opportunity for better care:

Continuing the conversation,  
come and join us!



# Why does Eastern Cheshire need Caring Together?

**We have been delivering services in the same way for many years, and increasingly this is no longer meeting the health and social care requirements of local people. We're living longer, many people want to be treated in their own homes and medical advances mean that the way hospital services are provided is evolving. If we do not do anything, these changes could have severe impacts on our health and social care services.**

Over the past 18 months, the Caring Together programme has been speaking to local people and care staff about what they think could be done to improve the quality of care in Eastern Cheshire and make care services work better for them.

People in Eastern Cheshire have told us that access between support from different care services is not joined up and often difficult to understand. We also heard that you want more information to manage your specific needs to enable you to take responsibility for your own health and wellbeing. You also told us that you want more services close to where you live and only use a hospital when absolutely necessary.

We have listened to local people and your feedback has helped to shape our plans and ambitions for putting the Caring Together programme into practice.

With your help eight Caring Together ambitions have been developed which describe how we intend to transform the way that health and social care is provided in Eastern Cheshire.

# What will Caring Together mean to me?

The Caring Together programme will bring many benefits to the people of Eastern Cheshire. It will encourage and help people to be in more control of their own care.



## The Caring Together programme will...

- enable me to be actively involved in decisions about my care
- ensure that I am supported by care staff to make fully informed choices about my care
- help me to access effective and helpful joined up care and support when I need it

## As a carer...

- I can balance my caring roles and maintain my physical, mental and emotional wellbeing
- I am valued, involved and informed throughout the care process

## The Caring Together programme means...

- I will receive the highest quality care regardless of the time of day or day of the week
- I will receive assessment and recommendations for care based on current best practice



# The Eight Caring Together Ambitions

With your help eight Caring Together ambitions have been developed which describe how we intend to transform the way that health and social care is provided in Eastern Cheshire.

## EMPOWERED PERSON

People are empowered to take responsibility for their own health and well being

**AMBITION**  
Access that is designed to deliver high quality, responsive services

**AMBITION**  
Appropriate time in hospital, with prompt and planned discharge into well organised community care

**AMBITION**  
A prompt response to urgent needs so that fewer people need to access urgent and emergency care

**AMBITION**  
Staff working together with the person at the centre to proactively manage long term physical and mental health conditions

**AMBITION**  
The highest quality care delivered by the right person regardless of the time of day or day of the week

**AMBITION**  
Simplified planned care pathways delivered as locally as possible

**AMBITION**  
Carers are valued and supported

EASY ACCESS



APPROPRIATE TIME IN HOSPITAL



RAPID RESPONSE



INTEGRATED CARE



PLANNED PATHWAYS



SUPPORT FOR CARERS



HIGH QUALITY CARE



# Case Studies



## Empowered Person

People in Eastern Cheshire, with long term conditions such as Arthritis, Diabetes and Epilepsy are being helped by Practice Nurses, Community Nurses, Wellbeing Coordinators and GPs to look after themselves better. This is being achieved by care professionals being jointly trained to help people with long term conditions.

## Support for Carers

Carers groups across Eastern Cheshire are working with Cheshire East Council and the Clinical Commissioning Group to ensure that strategic plans include consideration of the needs of carers in the area. This includes helping them manage the long term condition that the person they care for may have to improving access to helpful information and support.



Each month, Caring Together will publish a new case study on how we are achieving our ambitions. If you would like to receive a copy then get in touch using the freepost form at the back of this leaflet.

# Care in Eastern Cheshire will be improved when...

There is an increase in the number of people having a positive experience of care



We have reduced health inequalities across the area



Our people can access care of the highest standards and are protected from avoidable harm



We have secured additional years of life with treatable and mental and physical health conditions

We have increased the proportion of older people living independently at home and who feel supported to manage their condition



We have improved the health related quality of life of people with one or more long term condition, including mental health conditions

People are supported by new, better integrated community services



# Next Steps

We are planning to communicate regularly with you to let you know how we are getting on with the programme, how it will impact on you, your family, and your friends and also what we may need your help with.

Early in 2015 we will be launching a new animation which tells the story of Sheila and Ken receiving care in Eastern Cheshire and how life will be different for them through the new models of care being developed by the Caring Together programme. If you would like to be sent a link to the animation, please do get in touch with us using the form overleaf.

Also look out for our monthly Caring Together newsletter that shows how integrated care is already helping the people of Eastern Cheshire. Subscribe to the newsletter at [www.caringtogether.info](http://www.caringtogether.info)



Detach here

# Do you want us to keep you updated on progress? If so then get in touch:

Telephone us: **01625 242 511**  
 Email us: **join@caringtogether.info**  
 Tweet us: **@Caring\_Together**  
 Visit our website: **www.caringtogether.info**

## Would you like us to send you a link to the animation?



Please tick:

Yes     No

Fold  
Here

Fold  
Here

## FREEPOST FORM

Please tick:    Mr     Mrs     Ms     Miss

**Surname:**

**First Name(s):**

**Address:**

**Postcode:**

**Tel No. (inc area code):**

**Email:**

**Date Of Birth:** Day  Month  Year

Your name and contact details will only be used to communicate with you in connection with Caring Together. We will not pass your details on to anyone else for any reason. Nobody outside of NHS Eastern Cheshire CCG will have access to your details.

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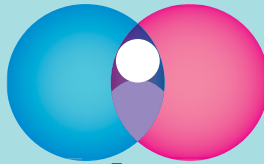
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Caring together



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# Caring together

**EASTERN CHESHIRE**

To provide feedback about this document, become a Caring Together Champion, or if you have any other need to contact the Caring Together programme, call us on: **01625 242 511**  
or email: **[ecccg.caringtogether@nhs.net](mailto:ecccg.caringtogether@nhs.net)**

You can also find out more and get involved through:



Website: **[www.caringtogether.info](http://www.caringtogether.info)**



Facebook: **Caring Together**



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